



What is a Personal Health Budget?



A personal health budget is money to pay for your healthcare.



They are one way the NHS makes it easier for you to get the healthcare that's right for you.



Your health and wellbeing needs must be agreed first by Liverpool CCG.



The aim is to make sure disabled people have more choice and control over how money is spent to meet their needs.



They help to involve you in decisions about managing your health and support in the best way for you.



They make sure your care is based around your strengths and needs and what matters to you.



You get a care and support plan which says:



- Your needs



- Your goals



- How much money there is



- How money can be spent



Children's plans also include their educational needs.



How much you get depends upon the needs your assessment says you have and the cost of meeting them.



Once the plan is agreed, we will talk to you about the different ways to manage the money.



Personal health budgets may be spent on a range of things to meet your needs and goals.



This can include therapy, personal care and equipment.



There are some things a budget cannot be spent on.



A budget will not cover all of the healthcare you may need.

Things like going to your local doctor, hospital and medication are not included.



Who can get a Personal Health Budget?



You must be registered with a family doctor in the Liverpool CCG area.



You must also be one or more of these:

- An adult who can get or is getting NHS Continuing Healthcare



- A child who can get or is getting NHS Continuing Care



- A person who uses wheelchair services and the way they sit or move affects their wider needs.



- A person who can get Section 117 care after being kept in hospital under the Mental Health Act.



- A person with a long-term condition who may be helped by having a personal health budget and does not get any other care paid for by the NHS.



How do I find out more?



Please speak to the health worker who helps you most often with your care for more information.